

The Flyers Express



Ecole Dickinsfield School

Together we fly higher

Ensemble nous volons toujours plus haut.

<https://dickinsfield.fmpsdschools.ca/>



A NOTE ABOUT LUNCHES:



- Lunch Drop off table is in the front office. Please label your child's lunch ahead of time with the student's first and last name.
- Please be sure to provide your child with a **water bottle** and any **utensils they will need for their lunch**.

STUDENT ABSENCES/LATES:



Please notify the office if your child is going to be late or absent by emailing dfabsences@fmpsds.ab.ca with "absent" or "late" and your child's first and last name in the subject line. **Be sure to state the reason for the absence/late in the body of the email.** Or call the office @780-791-6990 - press 1 to leave a message on the absence line or press 0 to reach the office during office hours, 8:00am - 4:30pm.

DIVISION (SCHOOL) CALENDAR:

If you would like a copy of the District Calendar please click on the link provided. Includes all the holidays and Friday no school days! [2022-2023 DIVISION CALENDAR](#)

Principal's Parting Message

As we approach the end of the school year, I find myself reflecting on the incredible journey we have shared together. It feels like just yesterday when I first stepped into the role of principal at this wonderful school. Time has flown by, and now, with a mixture of emotions, I write to you today as my time at École Dickinsfield draws to a close.

It has been an absolute honor and privilege to serve as your principal and vice principal over the last seven years. Throughout this time, I have witnessed the transformative power of education, guided by the unwavering dedication and enthusiasm of our outstanding educators, staff, and students. Our school truly stands as a beacon of excellence and a testament to the remarkable individuals who make up our community.

To the students of École Dickinsfield, I want you to know that you are the heart and soul of this school. Your eagerness to learn, your unique talents, and your unwavering spirit have constantly inspired me. I have had the pleasure of witnessing countless moments of growth, resilience, and accomplishment, and I am confident that each and every one of you has the potential to achieve greatness. Remember, the path to success is paved with hard work, leadership, determination, and a willingness to never stop learning.

To the exceptional team of educators and staff members, thank you for your tireless efforts and commitment to shaping the lives of our students. Your unwavering dedication, creativity, and passion for teaching have laid the foundation for countless success stories. You have demonstrated time and again that education is not just about imparting knowledge but about nurturing young minds, fostering their curiosity, and instilling in them the values that will guide them throughout their lives. Your impact will be felt for generations to come.

As I bid farewell to École Dickinsfield, I want to express my deep gratitude to each and every one of you for making my time here truly unforgettable. It has been an incredible journey filled with countless memories, joyous celebrations, and moments of growth. This school is a place of leaders, and each of you has had a profound impact on my life. I will miss the daily interactions, the smiling faces in the hallways, and the sense of community that we have built together.

Remember, even though my time here is coming to an end, the spirit of École Dickinsfield will continue to thrive. Each one of you plays a crucial role in shaping the future of this remarkable school. Embrace the opportunities that lie ahead, support one another, and continue to strive for excellence. Together, we really do fly higher! Thank you once again for your unwavering support, trust, and dedication. I will forever cherish the memories we have created together. As I embark on a new chapter in my journey, I wish you all continued success and fulfillment.

With heartfelt gratitude,

Erin Keca

Principal of École Dickinsfield

IMPORTANT DATES

June

June 16	- Early Learning Picnic
June 26	- Grayling Terrace Splash Pad (Kinder Eng & FI, ECDP Eng only)
June 27	- Grade 6 Farewell
June 28	- Howard Pew Park - Grades 1 - 6
June 29	- Year-End Awards
June 29	- Last Day of School for Students

August

August 16	- School re-opens for Registration
August 28	- Orientation Day for Kindergarten & Grade 1
August 29	- First Day of School for Students

September

September 1	- No School - PLF
September 4	- No School - Labour Day Stat Holiday
September 15	- No School - PLF
September 29	- No School - Day in Lieu of National Day of Truth & Reconciliation

EXTRA-CURRICULAR THIS MONTH

- Grade 4-6 Art Club with Max - Wednesdays 3:45pm-4:45pm - last day: June 7th
- Grade 4 - 6 Drawing Club - Fridays @12:30-12:50 pm in Room 230 - last day: June 9th
- Turtle Islanders Club - Tuesdays 10:30-11:30am Gathering Space - last day: June 20th
- Beading Club - Tuesdays 3:40 - 4:40 pm in the Gathering Space - last date: June 20th
- Soccer - grades 5 & 6, Boys & Girls - practice Mondays & Wednesdays @8:00am - last practice date: June 14th
- Soccer tournament - June 16th & 17th @ St. Paul's School

Bright IDEAs!

Time to share some **Bright IDEAs** for this month! This section aims to highlight the important work (teaching and learning) that our school and school division are committed to when it comes to **I**nclusion, **D**iversity, **E**quity, and **A**ntiracism. We hope you took some time to explore the diverse picture book collection at our local library we featured last month!



National
Indigenous
History **Month**

#NIHM2023



Did you know that June is [National Indigenous History Month](#)? This is an opportunity to learn more about the unique cultures, traditions and experiences of First Nations, Inuit and Métis. For generations, many Indigenous communities have also celebrated their culture on or near June 21 ([National Indigenous People's Day](#)). We encourage you to take some time this month to learn more as a family about First Nations, Inuit and Métis as well as our collective past. Here are a few ideas to get you started!

Discover stories, traditions and cultures: *Enjoy Indigenous storytelling by picking up a book, attending a show, watching a movie or listening to music from Indigenous artists. Our local library has a number of [picture books](#) available for loan that celebrate the contributions of Indigenous Peoples' to art, music, politics, and every form of culture!*

Explore the past and honour the truth: *Learn about Indigenous Peoples in Canada, key historical events and reconciliation initiatives. The [National Centre for Truth and Reconciliation](#) is an excellent place to start.*

Learn more about present-day communities: *Did you know our region includes six First Nations and six Métis? Learn more [here](#)!*

Show your support: *All month long, individuals, communities and organizations will showcase First Nations, Inuit and Métis historic figures, leaders and cultures on social media with the hashtag #NIHM2023. Be sure to check out [all that is happening](#) right here in the RMWB this month!*



APPLE SLICE E-NEWS

HOME CHALLENGE

Fun in the Sun with Vits-Man D Tracking Sheet

Student Name: _____ Grade: _____

Outdoor Activity	Circle how many people participated			Initial
Go swimming at an outdoor pool or lake	All	Most	Some	
Go for a family walk in your community	All	Most	Some	
Go for a bike ride	All	Most	Some	
Log roll down a hill	All	Most	Some	
Collect wildflowers and make a flower crown	All	Most	Some	
Catch and release a bug	All	Most	Some	
Create your own hopscotch with sidewalk chalk	All	Most	Some	
Play in a sprinkler	All	Most	Some	
Go to a park and kick a ball around	All	Most	Some	
Play frisbee or catch a ball	All	Most	Some	
Climb a tree	All	Most	Some	
Go for a hike or nature walk	All	Most	Some	

Leadership Roles at Home

Leadership roles don't just take place in the classroom!

Greeter Leader

Greet a neighbor (while social distancing) during a walk. Mail a note or card to a friend or relative to brighten their day. Create a sidewalk-chalk note of kindness for the neighborhood.

Meal Monitor

Help set the table, clear the table after a meal is over, or do the dishes. Older leaders can even make their own lunch and clean up after themselves.

Materials Manager

Help take care of the home and the materials inside. Make the bed, vacuum or sweep, put away toys, put away laundry, or wash the car. Clean up messes made from projects, games, or play-time activities.

Morning Announcer

Greet someone at home with a hug and tell them why they inspire you. Write them a note or draw them a picture that will sprinkle them with kindness.

Buddy-Watch Captain

Help watch a younger sibling or play independently when it is important for a parent to accomplish a task. Connect virtually with a friend or family member that is feeling lonely or needs a pick up.

Information Officer

Report on the weather to the family and draw a picture of the weather that day with the date. Make a note of something fun or something that challenged you during the day and share with your family at dinnertime.

Develop your own ideas!

What leadership roles does our family need to love each other and live harmoniously?

The [Family Name] Pony

Get the mail or take a letter to the mailbox. Run "errands" around the house for a parent or caregiver—for example, put away groceries or get the laundry basket from another room.





A MOMENT FOR MENTAL HEALTH

How to Enhance Awareness of Your Nervous System

Enhancing your nervous system awareness will eventually teach you how to change your responses to ones that better serve you.

These are things within you to pay attention to. The outside factors, such as natural sunlight, healthy foods, less screen time, and less caffeine will also help this process.

Here are some activities you can try yourself and/or with your family to help enhance your nervous system awareness.

- Notice your breathing. Try different breaths that feel best to you. Try adding bubbles to this exercise if you are with kids.
- Bring your whole self into the present moment. Notice what you can hear, see, smell, taste, and feel. Notice your feet on the ground.
- Write down your experiences. Journaling will help you process and be aware.
- Do a Body Scan. Get comfortable, start with your feet, move to your ankles and so on. Bring awareness to the physical sensations throughout your body. Allow your mindful focus to slowly move upward through your body.
- Tap/Thump the K-27 points, located just below your collarbone. Breathe slowly and try saying, "I am calm, I am loved, I am whole" while tapping.

SCHOOL COUNCIL

Ecole Dickinsfield
School Council

June 14, 6 p.m.

NOTICE OF ELECTION AND AGM FOR PARENT SCHOOL COUNCIL

Be a voice for your child's
education!

Join the Ecole Dickinsfield School
Parent Council for the upcoming school
year. As a Parent Council member, you'll
have the opportunity to make a
meaningful impact on your child's
education and school community.



What you can do as a Parent Council member:

- Collaborate with fellow parents, school administrators, and teachers to improve the school environment.
- Share your ideas, concerns, and perspectives to shape important decisions.
- Help organize fundraisers and allocate resources to enhance educational experiences.
- Build a stronger sense of community by being engaged at your child's school.

The positions of Chair, Vice Chair and Secretary make up the executive board of the Parent School Council.

Join the Annual General Meeting on June if you are interested in putting your name forward!

For more information on the specific roles and responsibilities, email Chair, **Megan Langpap**, at megan.steiestol@gmail.com

Put your name forward for the upcoming Parent School Council election and be the voice that helps create positive change. Your involvement matters!

Together, let's make Ecole Dickinsfield School an even better place for our children to learn and grow.

June 14, 6 p.m., In-person or online | Megan.steiestol@gmail.com



Dickinsfield Flyers Fundraising Association (DFFA)

Next Meeting: Wednesday June 14 @6:00pm, joint meeting with School Council

Dickinsfield Flyers Fundraising Association is the DFFA.

You know the whole Christmas/charity bazaar? That fieldtrip your child went on and you did not need to pay for buses? The Chromebook your child uses at school? Hot lunch program we all love? The new books your child's teacher added to their classroom library? **That is us!**

If you love these programs and support that we offer to the school, come check out a meeting!

See how you can get involved or just learn a little more about what we do.

Upcoming Fundraisers/Events:

Annual General Meeting – Wednesday June 14th at 6:00 pm. Childcare and refreshments provided! This is a joint AGM with School Council, if you are interested in joining or learning more about either group this would be a great meeting to attend in person or virtually. We will be reviewing our 2022/2023 activities, presenting our financial reports and proposed budget for 2023/2024 as well as dissolving the current board and electing new board members. The DFFA board consists of President, Vice President, Secretary, Treasurer, Volunteer Director, Fundraising Director, Communications Director, Casino Director, and Two Directors at Large. Hope to see you there!

Ongoing Fundraisers:



Tired of losing hats and water bottles? Oliver's Labels is where you can order labels and other personalized items through the link below.

Get your clothing stickers with last name and phone number now before you lose your nice sun hats and water bottles!

<http://www.oliverslabels.com/Dickinsfield>

Upcoming Meetings:

Our Annual General Meeting is Wednesday June 14th at 6:00 pm. This will be a joint meeting with our school council.

All parents and guardians are invited to attend our meetings. This will be a hybrid meeting so if you would like to join us in person, we will be at the school in the maker space room. If you would prefer to join virtually, contact us at thedffa@gmail.com for the meeting link and info.

Like and follow us on Facebook to learn more, get involved and stay up to date on fundraising events at your child's school – Dickinsfield Flyers Fundraising Association.

INVITATION TO ATTEND DFFA ANNUAL GENERAL MEETING JUNE 14TH 6:00PM

Dickinsfield Flyers Fundraising Association AGM will review our activities and annual financial report from 2022/2023 then examine the proposed budget and elect board members for the 2023/2024 school year.

DFFA -provides support to students and teachers through fundraising and volunteer activities. The Hot Lunch program, Christmas Bazaar, Waterpark day bussing, Welcome back BBQ and more is all in large part the DFFA. If you would like to get involved in helping us continue to offer these events and support to our school consider taking a position with out board!
Board members include: President, Vice President, Secretary, Treasurer, Volunteer Director, Fundraising Director, Communications Director, Casino Director, and Two Directors at Large.

Attend in person or virtually.
Refreshments and childcare provided!