

School Lunch Program

Ecole Dickinsfield's School's Parent Association operates an optional hot lunch program within our school. We work with local Alberta Health nutritionists to offer a variety of healthy option lunch items available for parents to order for their children each month. Parents can sign up on our school lunch website, dickinsfield.hotlunches.net, to gain access to our menus and prices. Once you have signed up, you are able to browse through our monthly menus. You can then decide whether you would like to order for your child or not. We offer a selection of menu items you can select from, chosen from local restaurants or prepped in our school kitchen. We currently offer lunches on Wednesdays and Thursdays throughout the school year. You are free to order as many or as few items as you would like, and are free to order on any, all, or none of our lunch days each month. Any food you order for your child will be delivered to him or her, in time for lunch on that day.

In addition, and maybe most importantly, all of the menu options available to order are healthy choices for our children. We worked together with Alberta Health Services and local restaurants to create menu choices that fit Canada's food guide for healthy eating, as well as comply with the "APPLE Schools" program. Many of these are special menu choices created for schools, in a "healthy options menu," not what you would normally get ordering at these restaurants. To see where each food fits, simply scroll over the information button (*i*), and you will be able to see if that food is a "choose most often food" (high nutrient food), a "choose sometimes food" (moderate nutrient food), or a "choose least often food" (low nutrient food). These categories are a simple way to see how nutritious that menu item is. They take into account total fat, as well as saturated and trans fats, protein, fibre, sugar, and sodium.

Our school lunch program is a great fundraiser for our Parents Association, with all funds raised going right back into our school. In the four years we have been running this program we have raised a tremendous amount of money to support many programs and activities within the school.

Our lunch program is organized and run completely by parent volunteers from our school, and we are always in need of more fantastic people to help us out. If you are interested in committing even a few hours this school year to volunteering, or if you'd just like to find out what's involved, check out our volunteer sign up website:

www.SignUpGenius.com/go/4090D4FAAAA2FA57-lunch or simply send us an e-mail at dickinsfieldparents@gmail.com or dickinsfieldlunches@shaw.ca

For any questions or concerns regarding the lunch program please feel free to e-mail dickinsfieldlunches@shaw.ca

Using our website is very easy, just follow these simple steps!

Registering

The first time you use our system this year you will have to register as a user. Afterwards, you will simply have to log in using the username and password you created.

Please note that ALL parents will have to register, regardless of whether you had an account last year, this helps to keep our database current.

To register:

1. Go to **dickinsfield.hotlunches.net**
2. Click on “register” on the right hand side.
3. Enter your information (not your child’s) and the school access code **ED2014HL**. You will need this access code to register. Then click “register now”. This will create your username and password.
4. Re-enter your username and password on the next screen
5. Go to the heading “Profile” at the top of the page and click “Add a student.” Enter your child’s name and select their teacher. Hit “Add a new student”
6. If you have more than one student hit “Add new student” and continue as above.

Ordering

Every month, from the 1st to the 25th, you will be able to order lunches for the following month. There will be menu choices available for every Wednesday and Thursday that we have school. Lunch orders must be completed and paid for on-line. If you do not have access to a computer at home, please feel free to come to the school and use the one in the library. There are also computers available for public use at the public library, located at MacDonald Island.

To Order:

1. Go to **dickinsfield.hotlunches.net**
2. Login using the username and password you created.
3. Click on “students,” then click on “order,” for the person you wish to order for.
4. Select the items you would like to order for each menu date.
5. Proceed to “Place order”
6. You are then able to pay using PAYPAL, which is a very secure online service allowing you to pay directly from any bank account or by using a credit card (simply follow a few easy steps to set up your paypal account if you don’t already have one)