







Place your ad in our 2016-2017 Ecole Dickinsfield calendar. We are looking for generous sponsors to help us.

# August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Administration in—office open	18	19	20	21	22
23	24 Teachers Return	25	26	27	28	29
30	31 First day for students  Day 6					

Ask your child what school wide Leadership Roles they would like to take on this year?

Announcement Team
ATB
Birthday cards for students/staff
Boot room greeters
Bus greeters/ seat sweeper
Blogger leaders
Chair detail leaders
Crossing Guard
Front sign
Gardening
Global Leaders/Kindness
Club

Holiday Decorating Leaders
Hot-lunch bin leaders
Library Organizer
Lighthouse/Apple Core
Literacy Leaders
Lost and Found
Lunch Monitors
Music room leader
Canada leaders
Office leaders
PE assistant
Photography leaders
Playground Buddies

Public Speaking Leaders
Quote Leaders
Recycling leaders
School grounds beautifiers
School wide tours
School Yearbook
Stage leader
Swiffers
Team shirt washing
Waste management
Whiteboard designer
Wormologists
Zipper checkers



# September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Day 1	Day 2	Day 3	Day 4	
6 Stand up to Bullying Week 7th– 11th	7 Labour Day No School	8 ECDP first day PAC 9:15(AGM)	9 Welcome Back BBQ 6-8pm	10	11	12
		Day 5	Day 6	Day 1	Day 2	
13	14 School Growth Plan Meeting 1:00 pm	15	16	17	18 No School	19
	Day 3	Day 4	Day 5	Day 6		
20	21	22	23	24	25	26
	Day 1	Day 2	Day 3	Day 4	Day 5	
27	28 Earth Rangers Assembly	29	30			
	Day 6	Day 1	Day 2			

#### **French Immersion**

French Immersion is an education program in which students are taught some or all of their subjects using French as the language of instruction. As they continue in the program, students develop the ability to speak, comprehend, read, and write in both French and English.

#### We don't speak French in our home. How can I help my child?

The program is designed for children whose parents do not speak French. Students learn to be very self-reliant, and teachers understand that parents do not know the language. You can help by reading daily to your child in English. A child's first language provides a sound base for the acquisition of a second language. Talk with your child about school. Ask to see their work. Ask your child to explain to you in English what their schoolwork is all about. Contact the Canadian Parents for French for information about their parent resource book entitled Yes, You Can Help! Call the school office for more information about CPF.

#### Why should I choose French Immersion?

Through the French Immersion program, parents are able to give their children the gift of a second language. A high degree of fluency can be attained without any negative effect of the child's first language. French Immersion expands the mind and gives students a broader perspective of their world. Knowing French is an asset which allows students to improve their ability to understand and adapt easily to other cultures. French Immersion students really do experience the best of both worlds.

## October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
					No School	
				Day 3		
4	5 Sahaal Caurail	6	7	8	9	10
	School Council Meeting 1:00 p.m.				No School	
	Day 4	Day 5	Day 6	Day 1		
11	12	13	14	15	16	17
	No School Thanksgiving	PAC Meeting 9:15am				
		Day 2	Day 3	Day 4	Day 5	
18	19	20	21	22	23	24
	Day 6	Day 1	Day 2	Day 3	Day 4	
25	26	27	28	29	30	31
Hot lunch orders cutoff	Rehearsal	Alice At Wonderland			No School	Halloween
	Day 5	Day 6	Day 1	Day 2		

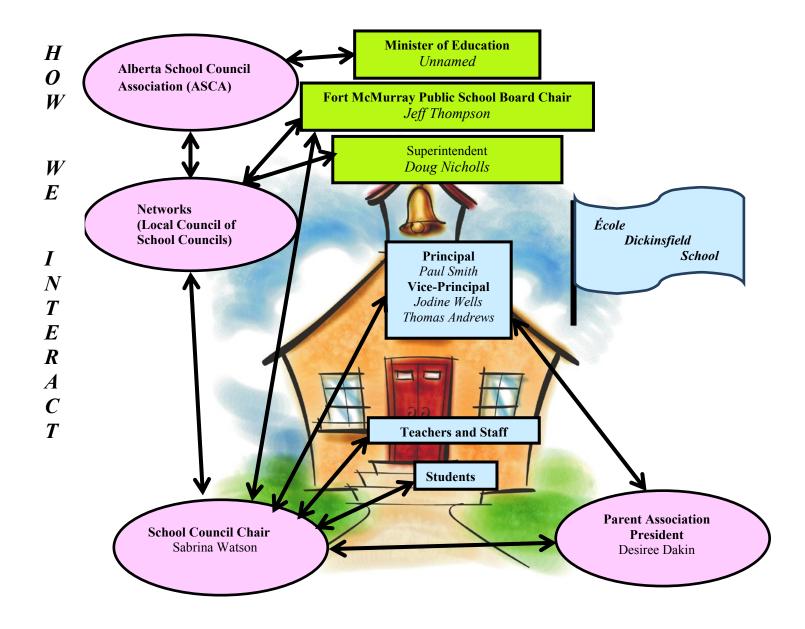
### **Hour Zero/School Emergency Program**

To keep our children safe the school has a system in place in case of an emergency. Although schools are considered to be one of the safest places in our communities, we are happy they have taken the time to set up and practice their safety protocols. You may hear your child talking about fire drill and lockdown. These are drills they practice at school to ensure everyone knows what to do in the unlikely event that one of these emergencies does occur. At first small children may even be scared, but with the repetitive practice of these plans, they become more comfortable and this means are more able to listen when this is most important.

It is important we as parents know our role as well. There is information about this program on the school website. The school app also plays an important role here since the administration will send push notes to let us know when an event has occurred and also if they have any directions for us. Most parents would naturally rush to the school in an emergency, but this isn't helpful for the response team. This is just a brief explanation of Hour Zero plan and would be great if every parent could familiarize themselves with the program, so we can all be as helpful as possible in the rare chance an incident occurred. http://www.hour-zero.com/

### November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 PAC Meeting 9:15am	4	5	6 No School	7
	Day 3	Day 4	Day 5	Day 6		
8	9 School Council Meeting 1:00 p.m.	10 Remembrance Day Assembly	11 No School Remembrance Day	12	13	14
	Day 1	Day 2		Day 3	Day 4	
15	16	17	18	19 Report cards go home	20 No School	21
	Day 5	Day 6	Day 1	Day 2		
22	23 PTI Evening	24	25 PTI Evening Hot lunch orders cutoff	26	27 No School	28
	Day 3	Day 4	Day 5	Day 6		
29	30					
	Day 1					



# December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 PAC Meeting 9:15am	2	3	4 No School	5
		Day 2	Day 3	Day 4		
6 Drop off Christmas Bazar	7 School Council Meeting 1:00 p.m.	8 Christma	s Concert '	<sup>10</sup> Week	11	12
Donations Week	Day 5	Day 6	Day 1	Day 2	Day 3	
13	14 Christmas Bazar	15 Christmas Bazar	16	17	18 No School	19
	Day 4	Day 5	Day 6	Day 1		
20	21	22	23	24	25 Hot lunch orders cutoff	26
		No So	hool Winte	r Break	Christmas Day	Boxing Day
27	28	29	30	31		
		No Sc	hool Winte	r Break		

### **Safe and Caring School Programs**

At École Dickinsfield we strive to provide a safe and caring environment. We offer a variety of programs to support this such as the Friends program offered in Grade 1 and 5. The Friend's program teaches students strategies to manage anxiety. In Division 1 (Grades 1-3) we offer Chester the Cat, which teaches students what bullying is and is not, as well as, strategies on how to deal with bullying. Students in Division 2 (Grades 4-6) are also taught about bullying behaviours.

Sexual abuse prevention is covered by the Be Safe Kit from Kindergarten to Grade 2. The Who Do You Tell is a sexual abuse prevention program offered to Grade's 3 and 4. Additionally as a school we provide groups on anxiety management, anger management, friendship skills, as well as opportunities to provide community service. The Leader in Me also promotes a Safe and Caring environment by creating confident leaders who stand up against bullying.

If you have any questions or concerns, feel free to contact your teacher or administration. Every child should feel safe and content at school.



# January 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					New Year's Day	
3	4 Back to School	5	6	7	8	9
	Day 2	Day 3	Day 4	Day 5	Day 6	
10	11 School Council	12 PAC Meeting	13	14	15	16
	Meeting 1:00 p.m.	9:15am			No School	
	Day 1	Day 2	Day 3	Day 4		
17	18	19	20	21	22	23
	Day 5	Day 6	Day 1	Day 2	Day 3	
24	25 Hot lunch orders	26	27 Family Potluck	28	29	30
	cutoff		6-8pm		No School	
	Day 4	Day 5	Day 6	Day 1		
31						

### **Hot Lunch Program**

École Dickinsfield School's Parent Association (PAC) operates an optional hot lunch program within our school. We work with local Alberta Health nutritionists to offer a variety of healthy option lunch items available for parents to order for their children each month.

Parents can sign up on our school lunch website: <a href="https://dickinsfield.hotlunches.net">https://dickinsfield.hotlunches.net</a>

Once you have registered (which you must do each year, for each child at the school), you are able to browse through the monthly menus. Between the first and the twenty-fifth of each month, you may order as many or as few items as you would like. The orders are delivered to the children in their classroom in time for lunch. All orders must be paid using the link to paypal; just follow the link when it prompts you. Paypal is a simple, secure, online service allowing you to pay directly from your bank account or credit card.

The menu options available are "choose most often" or "choose sometimes" healthy choices for our children from all four food groups. PAC worked together with Alberta Health Services and local restaurants to create menu choices that fit Canada's food guide for healthy eating, as well as comply with the APPLE Schools program. Many of these are special menu choices created for schools, in a "healthy options menu," not what would normally be available when ordering at these restaurants.

Our school lunch program is a great fundraiser for our PAC, with all funds raised going right back into our school to support many programs and activities within the school. The lunch program is completely run by parent volunteers from our school. If you are interested in helping, a link is available on <a href="https://dickinsfield.hotlunches.net">https://dickinsfield.hotlunches.net</a> or emailing us as at <a href="mailto:dickinsfield.hotlunches.net">dickinsfield.hotlunches.net</a> or emailto:

#### Volunteers are needed for:

Grocery Shopping Hot lunch preparation Hot lunch sorting Bin Cleaning Lunch Pick-up

## February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Family Carnival
	Day 2	Day 3	Day 4	Day 5	Day 6	
7	8 School Council Meeting 1:00 p.m.	9 PAC Meeting 9:15am	10	11	12 No School	13
	Day 1	Day 2	Day 3	Day 4		
14	15 Family Day No School	16	17	18	19	20
		Day 5	Day 6	Day 1	Day 2	
21	22	23	24	25 Hot lunch orders cutoff	26	27
	No	School <sup>7</sup>	Teacher's	Convention	n	
28	29					
	Day 3					

#### **School Council**

The School Council is a legislated body that provides advice to the Administration, School Board, and Alberta Education on the policies, practices, and procedures in the school, District, and the Province. We look at the "big picture," working with the Administration and staff to support student success and positively influence the future of education in our school, District, and province

The School Council is composed of ALL parents or guardians of École Dickinsfield students, the school Administration, and a teacher representative. All members in attendance at a meeting may speak, make motions, and vote on topics and issues as they are presented and discussed.

School Council	Why Volunteer	The Big Picture		
*All parents are invited to attend the monthly meeting to discuss what is happening in the school and how parents can support excellence in education at École Dickinsfield.  *We consist of a:  -Chairperson (2 year term)  -Vice-chairperson (1 year term)	*Because you are needed  *It keeps you in tune with how your child acts in school  *Children whose parents volunteer at school tend to do better overall  *Children learn what they see; it's important for them to see us helping out  *You're child, the teacher/Admin, the school, and other children will appreciate	*Our École Dickinsfield School Council participates in the Fort McMurray Public School District's <b>Networks Committee</b> which allows us to communicate directly with the Superintendent and the Board of Trustees as well as other schools to find out what is happening across the District and share our opinion on ideas and issues they are facing  *Through Networks, our voice is heard		
-Secretary (1 year term)	you	at the District level		
-Networks Rep (I year term) -Parent Association Liaison (1 year term)	*Being around children makes you feel young *It boosts your creativity	*Our School Council and our District be- long to the <b>Alberta School Council's As-</b> <b>sociation (ASCA)</b> which is the provincial		
-Teacher Rep (elected annually by staff)	*You gain valuable experience from team- work	means of sharing the collective parental voice with the other partners in education: teachers, superintendents, school boards,		
-Administration	*You make new friends and acquaintances	and Alberta education politicians and staff *Through ASCA, our voice is heard at the provincial level		

## March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Day 4	Day 5	Day 6	Day 1	
6	7	8 PAC Meeting 9:15am	9	10	11 No School	12
	Day 2	Day 3	Day 4	Day 5		
13	14 School Council Meeting 1:00 p.m.	15	16	17	18 Report Cards Go Home	19
	Day 6	Day 1	Day 2	Day 3	Day 4	
20	21 PTI Evening Day 5	22 PTI Evening  Day 6	23 Day 1	24 No School	25 Hot lunch orders cutoff  No School Good Friday	26
27	28	29	30	31	Good Friday	
Easter Sunday	Easter Monday		ool Spring			



Leadership is a concept we don't normally consider when thinking of children. However, children are very capable of learning leadership skills and using them at home and at school. By developing well rounded children who know their strengths, we help them unleash their potential to lead their own lives and to influence others. It also helps to create a common language within a school, built on proven principle-based leadership skills found in **Dr. Stephen R. Covey's best-selling book, The 7 Habits of Highly Effective People**:

Habit1: Be Proactive® • You're in Charge

Habit2: Begin With the End in Mind® • Have a Plan Habit3: Put First Things First® • Work First, Then Play

Habit4: Think Win-Win® • Everyone Can Win

Habit5: Seek First to Understand, Then to Be Understood® • Listen Before You Talk

Habit6: Synergize® • Together Is Better

Habit7: Sharpen the Saw® • Balance Feels Best

#### We are on the path to becoming a Lighthouse School. We have:

- student leader roles in classrooms
- school-wide Student Leader roles
- tools for helping students set personal and academic goals and tracking their success
- 7 Habits Lighthouse team of staff and parents (providing vision & encouragement)
- Student Lighthouse leaders
- 7 Habits signs, sayings and bulletin boards
- Use of 7 Habits language and concepts when we set goals and solve problems as staff, students and parents

# April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					No School	
3	4	5	6	7	8	9
	Day 2	Day 3	Day 4	Day 5	Day 6	
10	11 School Council	12 PAC Meeting	13	14	15	16
	Meeting 1:00 p.m.	9:15am			No School	
	Day 1	Day 2	Day 3	Day 4		
17	18	19	20	21	22	23
	D. 5	56		<b>D</b> . 0	50	
	Day 5	Day 6	Day 1	Day 2	Day 3	
24	25 Hot lunch orders	26	27	28	29	30
	cutoff				No School	
	Dov. 4	Day 5	Day 6	Dovid		
	Day 4	Day 5	Day 6	Day 1		

### **School Clubs, Groups and Activities for Students**

All grades: Holiday concerts, Science Fair Club, Literacy Week, Terry Fox Run, UNICEF, Jump Rope for Heart ECDP- Grade 3: Sock hops

Grades 1-6: Musical Production, Chess Club, Student Lighthouse, Apple Core/Apple Seeds, Yoga, School-Wide leadership jobs, Running Club/Kilometer Club, Spring/fall/winter games

Grades 2-6: Global Club—teaches about how to take care of the environment as a community and celebrate diversity in our school.

Grades 4-6: Robotics, Handbells, ATB Student Bank, Geography Challenge. School Dances

Grades 5-6: Boys and Girls Basketball, Boys and Girls Volleyball, Boys and Girls Floor Hockey, Boys and Girls Badminton, Student Newspaper, Cooking Club.

#### **PEAK Athletics Academy**

This school within a school (École Dickinsfield) concept allows students from Grades 3 to 6 to focus on hockey, dance, or soccer skills during non-core academic time. This passion-based program is carried out on a 3 afternoons per week basis. There is a registration fee for PEAK, which is paid on a yearly basis

École Dickinsfield teaches children about our environment and ways to improve the world around us. We actively compost, recycle and strive to have waste free lunches. Our school is working on reducing our carbon footprint.

- We recycle juice boxes
- We recycle paper and cardboard
- We have hand dryers instead of paper towels in bathrooms
- Families bring reusable plates and utensils to school feasts
- We often use cloth tablecloths for school functions instead of disposable plastic ones
- Staff use reusable plates and utensils for staff events
- We use a water cooler (tap water) instead of bottled water at staff & school events
- The Parent Association chooses hot lunch items that have less waste (eg. paper wrap instead of styrofoam clamshell packaging)

Custodians reuse old towels for cleaning

## May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	Day 2	Day 3	Day 4	Day 5	Day 6	
8	9 School Council Meeting 1:00 p.m. Day 1	10 PAC Meeting 9:15am Day 2	11 Day 3	12 Day 4	13 No School	14
15	16	17	18	19	20 No School	21
	Day 5	Day 6	Day 1	Day 2		
22	23 No School Victoria Day	24 Day 3	25 Hot lunch orders cutoff Day 4	26  Day 5	27 Day 6	28
29	30	31			-	
	Day 1	Day 2				

#### School Wellness Guidelines

École Dickinsfield School will only serve "Choose Most Often" and "Choose Sometimes" food and beverages during all classroom celebrations, events and holidays held at the school. This includes team or club and whole school celebrations. Parents are encouraged to reference the following websites for access to healthy snack recipes:

http://www.appleschools.ca/Resources-to-Support-CSH

http://www.healthyalberta.com/healthyeating.htm

If you are unsure whether the food it Choose Most Often, Choose Sometimes or Choose Least Often, here is a link that will let you know:

http://www.healthyalberta.com/HealthyEating/foodchecker.htm

Birthdays can be special days for students and should be celebrated. Students should feel loved and appreciated on their birthdays. We recognize the right for parents to decide what their child has for lunches and snacks at school. However, we also recognize the right for parents to not have their children fed unhealthy food by other families. If food items are brought to the school that are Choose Least Often or that are not Nut Safe, they cannot be served to other students and they will be returned home with your child. To avoid any confusion, we ask parents advise teachers three days in advance about any food that is to be sent in to the school and for parents to check the Healthy U Food Checker link if they are unsure how the food will be classified.

District wide food policy will be in effect. Please refer to the district website (http://fmpsdschools.ca/) for more information.





MAKING THE HEALTHY CHOICE THE EASY CHOICE

## June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			Day 3	Day 4	Day 5	
5	6 School Council	7 PAC Meeting	8	9	10	11
	Meeting AGM 1:00 p.m.	9:15am			No School	
	Day 6	Day 1	Day 2	Day 3		
12	13	14	15	16	17	18
	Day 4	Day 5	Day 6	Day 1	Day 2	
19	20	21	22	23	24	25
					ECDP Last Day	
	Day 3	Day 4	Day 5	Day 6	Day 1	
26	27	28	29	30		
		Last Day K-6	Last Day Staff			
	Day 2	Day 3				

### **Parent Association (PAC)**

The Parent Association is a registered society that provides support to students and staff through fundraising volunteer activities. The Parent Association (PAC) is composed of all parents or guardians of École Dickinsfield students. All members in attendance at a meeting may vote on issues before the Association. The funds raised by PAC are directed back into the school to in the form of capital purchases, special programs, and activities as approved by the membership.

#### **Hot Lunch Program**

\*We offer an optional hot lunch program as a vital, successful PAC fundraiser \*We work with Alberta Health nutritionists to offer healthy lunch options that parents can order, on a monthly basis, via the school lunch website: dickinsfield.hotlunches.net

\*\*Register in September by creating a username and password \*To order (between the 1st and the 25th of the month), once you have logged in with your username and password, click on the student, then "order". After you've selected your items, proceed to "place order" and pay with PAYPAL.

\*Volunteer at <u>dickinsfieldlunch-es@shaw.ca</u>

#### Ways to Be Involved

\*Attend meetings and share your thoughts

\*Volunteer for the lunch program, as a Class Rep, or committee member for the Magic Show, Charity Bazaar, or Teacher Appreciation Luncheon Committees

\*Put your name forth to run for an elected Executive position:

- -President
- -Vice President
- -Treasurer
- -Secretary
- -Volunteer Coordinator
- -Raffle and Fundraising Coordinator
- -Casino Chairperson
- -Communications Coordinator
- -Hot Lunch Coordinator

#### How We Make a Difference

\*PAC raises funds through weekly hot lunch sales, casinos, and special fundraising campaigns throughout the school year.

\*In the past, the Parent Association has been able to provide, amongst other things:

- -Gymnasium projector and sound system
- -Playground and gym equipment
- -Promethean Boards
- -Mobile IPad lab
- -Furniture
- -Emergency meal supplies
- -Literacy supplies and student awards
- -Funding for school clubs and teams
- -Chrome books for Division 2

## July 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	1	2
			Canada Day			
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
/						