



The Flyers Express

École Dickinsfield School

Together we fly higher.

Ensemble nous volons toujours plus haut.

<https://dickinsfield.fmpsdschools.ca/>



June 2021

School Hours

8:40 - Doors open for
Staggered entry for K-6
9:00 - Start

Staggered Recess &
Snack
10:25- 10:55

Staggered Recess &
Lunch
12:16 - 12:35
12:35 - 12:54

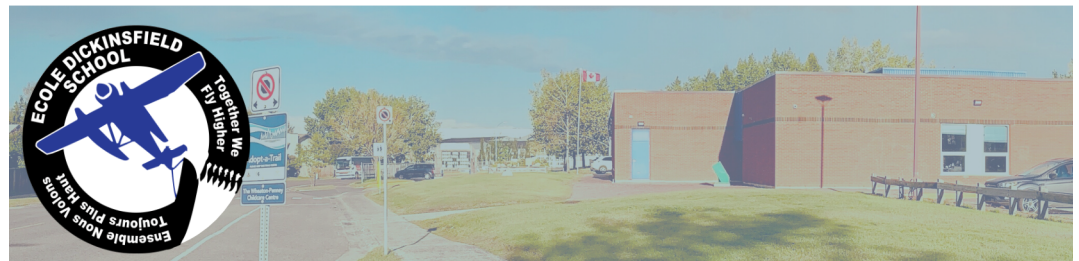
3:30 - 3:40:
Staggered Dismissal

ECDP/Kindergarten

AM ECDP Start: 9:05
AM ECDP & K End: 11:46
PM ECDP & K:
12:53 - 3:30



At École Dickinsfield School, we are a nurturing community of leaders who inspire lifelong learning, respect and responsibility for self, others, our environment and our world.



Click [here](#) for a full page printable version of this calendar from [ActionForHappiness.org](https://www.actionforhappiness.org/)
A reminder to parents/guardians: It is mandatory to wear a mask, if you are entering the building for an appointment or to visit the office. Parents/guardians are also encouraged to wear masks when dropping off and picking up students.



Contact Info

780.791.6990
erin.keca@fmpsdb.ca

A note about lunches:

- Lunch Drop off table is in the front office. Pen NOT provided - please label your child's lunch ahead of time with the student's first and last name, class, and teacher
- Please be sure to provide your child with a **water bottle** and any **utensils they will need for their lunch**

STUDENT ABSENCES/LATES

Please notify the office if your child is going to be late or absent by calling 780-791-6990 or emailing dfabsences@fmpsdb.ca with "absent" or "late" and your child's first and last name in the subject line. **Be sure to state the reason for the absence in the body of the email with a list of symptoms, if sick.**



A Message From Administration

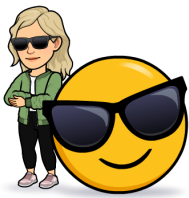
Dear Ecole Dickinsfield Families,



It has been quite a journey, but we have finally made it to June! Thank you to all parents and guardians for your efforts with your children in this year like no other. Our hope is that through all of the ups and downs, you and your children have felt supported, and that all of our students have felt safe and cared for.

All students have made tremendous progress in their academics and social development, in spite of the challenges faced. In June, we celebrate their achievements with them with lots of fun activities planned in classrooms.

June is National Indigenous Peoples Month. Families will have noticed the tipi poles that were put up in November as a gift to our school from Suncor and McMurray Métis. These poles WILL have a skirt put on them. We have wanted to paint the canvas for the tipi for some time, but the pandemic has thwarted our plans, thus, it will be a fall project. In recognition and remembrance of the 215 children who died at the Kamloops Residential school, we will be tying 215 ribbons on the poles over the course of the next week. In memory of the children lost to the Indian Residential School System and to honour residential school survivors and their families and the legacy of the Truth and Reconciliation Commission, we are also planting a Heart Garden. This garden will consist of rocks that will be hand painted by students. We are asking all students to bring in a rock to paint by June 14, as the rocks will be painted that week in classrooms. Elder Julia McDougall will lead us through a smudging ceremony to bless the rock garden on National Indigenous Peoples Day, June 21. On this day we will also premiere the video our classes collaborated on to teach each other about the 7 Sacred Teachings and the Tipi Pole Teachings.



This month also happens to be PRIDE month. We want all of our students to feel love, respect and to see themselves in the literature and physical displays in our school. As a school we will recognize PRIDE day on June 18. On this day we will encourage students to dress in rainbow colours and we will decorate areas of the school in a rainbow. Students will have the opportunity to enter a draw for an “Everyone is Awesome” Lego set and they can choose to colour rainbow flags. Staff will read age appropriate social stories that help to teach about LGBTQ2S+ people, while also educating about proper pronoun use.

Lastly, we have a staffing change to announce at École Dickinsfield. Please join us all in congratulating Mme Erin Andrews and her husband, who are expecting their first child in September. As a result, we will have a temporary Vice Principal in her place for the next school year. We will miss Mme Andrews but take comfort in knowing she will be back with us in the 2022-2023 school year. Have a great June everyone!

DF Leadership Team

Erin Keca, Principal

Leannah Robertson, Vice Principal

Erin Andrews, Vice Principal



Begin with the end in mind at École Dickinsfield

June

- June 9 @ 9:30 am - Virtual DFFA meeting
- June 9 @ 6:30 pm - School Council Annual General Meeting & Elections
- June 9 - Last Day for PEAK
- June 11 - Last day for classes to visit the Library
- June 14 - Last day to bring in a rock to paint for the HeartGarden
- June 18 - PRIDE Day
- June 21 - National Indigenous Peoples Day - Heart Garden Smudging DF
- June 22 - Sports Day (rainout day is June 23).
- June 22 - 4:30-6:30 pm; Kindergarten Graduation
- June 23 - 4:30-6:30 pm; Grade 6 Farewell
- June 23 - Last day of school for ECDP & Kindergarten
- June 24 - Last day of school for Grades 1 - 6

August/September

- August 18 - School office opens for Registration
- Aug 30 - Sep 2 - Staggered entry for Kindergarten - Gr 12 students. Specific days to be determined
- Sep 7 - All students ECDP - Gr 12 back to school

DFFA

Meeting
June 9th @9:30 am
Online using
Google Meet
Email

dickinsfieldparents@gmail.com
 for the meeting link.



Dickinsfield Flyers Fundraising Association (DFFA)

“[Oliver's labels](http://www.oliverslabels.com/Dickinsfield)” for all your label needs - to view the large assortment of personalized labels they have to offer go to <http://www.oliverslabels.com/Dickinsfield>

“[FlipGive](https://flipgive.app.link/teams/join?fundraiser_name=Ecole%20Dickinsfield&joincode=PFGKBC)” - FlipGive allows you to support our Dickinsfield Flyers just by shopping online at your favourite stores. Join our FlipGive team now by clicking this link; https://flipgive.app.link/teams/join?fundraiser_name=Ecole%20Dickinsfield&joincode=PFGKBC If you are prompted for a join code, enter this code [PFGKBC](#)

Remember to use FlipGive before you shop online so we'll earn cash back - make a purchase within the first 14 days of joining and we'll receive an additional bonus!

DFFA meetings will be held the 2nd WEDNESDAY of each month.

If you have any questions or concerns please reach out to your DFFA board at dickinsfieldparents@gmail.com



School Council



Next School Council meeting:
Wednesday June 9th @6:30pm
Online via Google Meet
Please email
dickinsfieldschoolcouncil@gmail.com
to receive the meeting
login info.

École Dickinsfield School Council

June 9, 2021 at 6:30pm

School Council Annual General Meeting

Email dickinsfieldschoolcouncil@gmail.com to receive the meeting login link.

Click on image below to see a larger version.

Annual General Meeting (AGM)

Wednesday June 9, 2021 at 6:30pm

Virtual via Google Meet

Email dickinsfieldschoolcouncil@gmail.com for link.

*We need new Executive members to join School Council
for next school year!*

School Council is important. It is provincial law that schools must have a School Council. School Council is the voice of parents/guardians in the school.

Our Mission:

The École Dickinsfield School Council will work as collaborative partners in school-based decision making to enhance the quality and success of our children's education.

Our Vision:

The École Dickinsfield School Council will work with the administration and staff to create a safe, supportive environment, which challenges students to be confident and successful intellectually, socially, and emotionally.

We follow guidelines set out by the Alberta School Councils' Association (ASCA) and are governed by our own set of Operating Procedures. Accordingly, our Executive is comprised of three positions:

Chair – works with the Principal, Executive members and school families to set the Agenda for monthly meetings, chairs monthly meetings and communicates with the parent fundraising group (DFFA).

Vice-Chair – supports the Chair and attends Networks meetings with Fort McMurray Public School District (FMPSD).

Secretary – sends out email correspondence and takes meeting Minutes.

*If you have questions or would like more information, please email
School Council at dickinsfieldschoolcouncil@gmail.com.*

*If you are interested in becoming part of School Council for the 2021/22 school year,
please attend our AGM.*



FACE MASKS

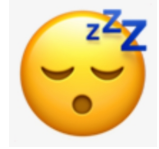
We are requesting that all students wishing to or are required to wear a mask at school (grades 4-6), have two face masks each day so they have a replacement in case they lose or get one dirty/wet. This will help to ensure everyone stays safe at all times.



APPLE NEWS

Be A Sleep Star!

This month we are going to learn all about being a “Sleep Star”. Sleep is a very important part of keeping our minds and bodies healthy. Did you know that kids aged 5-12 need 10-11 hours of sleep every night? Our brain and body are like a cell phone. They need to recharge while we are sleeping so that we have energy all day long.



Did you get 10-11 hours of sleep last night? If you didn't, it might be a good idea to look at why not. One reason it can be hard to get enough sleep is that you may not have a bedtime routine. If you try to do the same thing every evening before bed it can help you to get settled and fall asleep sooner. Doing relaxing activities before bed can really help your body get ready for sleep time. Some people like to read a book or take a bath before bed every night to help them relax. Listening to calming music and making sure that your bedroom is dark, quiet and cool can all help your stress melt away so you can be a “Sleep Star”!

PEAK Hockey



PEAK hockey is offered at École Dickinsfield School for grades 3-6. Join Coaches Tom Keca and Bob Niven to learn the skills needed to enjoy and excel at hockey! For more information or to register, please contact:

Mrs. Krista Butz krista.butz@fmpsd.ab.ca

Program Assistant/Secretary PEAK Athletic Academy



My School Bus Monitor has live school bus updates - stay informed!

Please go to www.myschoolbusmonitor.ca

You can click for a Mobile Friendly option or click to receive email alerts. You can also search by school in the search box start typing Ecole Dickinsfield School and school options will show just pick our school.

They will update any buses that have a delay of 10 minutes or more late.



The
Leader in Me[™]
great happens here



Habit #6 Synergize

There are special moments when people are thinking win-win, truly listening to each other, and truly open to thinking outside the box. Magic happens. Creative ideas and solutions start popping, and people get excited to make them happen. That's synergy. It can only happen when all the other habits are in place. It can't happen if one person criticizes another's ideas, or is attached to their "perfect" solution, or dismisses the possibility of any solution at all. If there's a hierarchy and others have given up on offering input, you'll have compliance but no synergy. True synergy - where everyone throws in ideas - makes people feel valued, motivated, hopeful and happy.



Leader In Me At Home

Have family meetings. Make sure your kids know their thoughts are important to your family decisions. Of course they aren't "the bosses" in your family. But kids of all ages have great ideas and important concerns. Include them in work projects, chores, planning for family events, and solving issues that come up. Join them in doing their chores. Use the words "Let's synergize!" and you will have very happy kids.

Green School



It's gardening time! Our students are planting our School Learning Garden this year with flowers and potatoes. The students look forward to harvesting the potatoes in the fall. With School Learning Gardens, students learn about plant life cycles, small crawling and flying animals, weather, temperature, soil, decomposition, food production and precipitation. They have so many great questions, and investigate answers. They connect and develop an appreciation for nature. When kids grow food, they're more willing to eat raw veggies and fruit. Get your kids gardening at home!

Heart Garden



We are making a "Heart Garden" to honor children lost to the Indian Residential School system. Students are invited to bring a rock to paint by June 14. They will be added to our outside area with a smudging ceremony on June 21, [National Indigenous Peoples' Day](#).



A Moment for Mental Health



A MOMENT FOR MENTAL HEALTH

Self-Care for Carers

Any time you travel on an airplane, the flight attendants announce that if the oxygen masks drop down, you should first put on your own mask, and 'then assist small children.' This is good advice for life in general. Yes, our children have many needs that need to be met, and even more desires they would like you to fulfill. But in order to have the energy to care for them, you need to make sure that you're also taking care of yourself!

Here are some tips for what to do when you're "running on empty."

IDEAS FOR MEETING YOUR PHYSICAL NEEDS:

- Exercise, on your own and as a family
- Sleep (as much as you can), and nap when your child naps
- Eat right: food affects mood, so try to cut down on sugars and processed foods
- Get or give a massage
- Spend time with your partner
- Take a hot shower, or a long bath (add a little lavender oil to increase relaxation)
- Have a cup of chamomile tea or warm milk (or hot chocolate with marshmallows!)
- Go for a long walk outdoors - on your own, or with your child in a sling or stroller

IDEAS FOR MEETING YOUR EMOTIONAL AND SOCIAL NEEDS:

- Spend time with friends
- Spend time alone each day
- Prioritize the activities that make you happy
- Be creative / flexible about social activities you can work around your child's needs
- Schedule time each day to talk to another adult
- Allow yourself to cry
- Find things that make you laugh
- Find a way to have a weekly date with your partner
- Say no to extra responsibilities

IDEAS FOR MEETING INTELLECTUAL NEEDS:

- Take your child to the library, but pick up something for yourself while you're there
- Listen to radio programs, audio books, or podcasts from the web while you drive, or while you work around the house
- If your child is doing an art project, sit down and create your own art!
- Write – stories, a blog, a personal journal – get your thoughts out on paper
- Watch documentaries on TV, or on DVD from the library or Netflix
- Identify a project that would be challenging and rewarding
- Return to old hobbies you may not have pursued since baby's birth

IDEAS FOR MEETING SPIRITUAL NEEDS:

- Go to religious services
- Meditate or pray each morning, or each evening
- Do volunteer work or help out others spontaneously
- Spend time outdoors
- Write in a journal – reflect on your new life
- Be open to inspiration and awe
- Contribute to causes you believe in

Every morning when your alarm goes off, or shortly after your child wakes you, spend one minute in bed deciding what you are going to do for yourself that day. Start small – promise yourself just 15 minutes a day. You'll soon see the rewards (for yourself, and your family) of a little bit of "me time."

Together we fly higher.
Ensemble nous volons toujours plus haut.
<https://dickinsfield.fmpsdschools.ca/>



The Hub Family Resource Centre's June Bug Family Festival presented by Syncrude is back with a variety of family friendly activities from the safety of your home. Throughout the month of June, families can join the festival fun by taking part in an outdoor scavenger hunt and purchasing raffle tickets for a Power Wheels Barbie Jeep Wrangler! The Hub is also offering sensory play activity kits. Families can purchase a June Bug Box (or two!) to bring a sensory play activity home. Make ice cream with playdough, hunt for bugs in coloured sand, explore sea creatures in water beads, and more! All funds raised through the June Bug Family Festival allow The Hub to continue offering free programming for children and families all year long. Join the festival fun at thehubfrc.ca/junebug.

June 1st to June 30th

The Hub Family Resource Centre's
JUNE BUG
Family Festival
Presented By:
Syncrude

Scavenger Hunt
June Bug Boxes
Raffle
Prizes

Visit www.thehubfrc.ca/junebug

Syncrude

SUNCOR

TC Energy

Canadian Natural

CNOOC

ENBRIDGE
Fueling Futures™



National Indigenous History Month to be honoured through virtual learning

(Fort McMurray, AB – June 1, 2021) – The Regional Municipality of Wood Buffalo will honour National Indigenous History Month in virtual ways this June in partnership with local Indigenous governments, organizations, and individuals.

Indigenous history is a shared history. As such, National Indigenous History Month provides an important opportunity to recognize the historic contributions and challenges First Nations, Inuit and Métis Peoples have experienced in the development of Canada.

The recent discovery of the children who lost their lives in Kamloops B.C. is a tragic reminder of the legacy of residential schools and the devastating impacts of colonialism and systemic racism.

“This is a stark reminder that terrible wrongs are etched into the Indigenous experience and are still prevalent to this day” noted Dennis Fraser, Indigenous and Rural Relations Director. “While we encourage people to join us this month to honour and learn, it is also a time to reflect on the impacts of colonialism, the residential school system, and how we can all personally contribute to taking action for reconciliation.”

A proclamation declaring National Indigenous History Month in the RMWB was read at the most recent Council meeting by Mayor Don Scott.

Honouring and learning

Throughout the month, the Municipality’s social media channels will feature stories, photos, and videos shared by Indigenous community members that raise awareness and understanding about the Indigenous history, cultures, and traditions in the Region.

Each week, new content will be shared in collaboration with Indigenous communities with the general themes: Mother Earth Mondays, Wisdom Wednesdays, and Fact Fridays.

People may also join online discussions and participate in a weekly contest for a chance to win a hand-made birchbark basket filled with special items purchased from local Indigenous artisans and companies.

Residents can find out more, share ideas, and tell us how they are honoring National Indigenous History Month at RMWB.ca/NIHM.



MathBeat Online Summer Camp

They'll love the music....
you'll appreciate the math.

Are you worried about math learning loss this summer?

Looking for something your child will enjoy doing that will also refresh their math skills?

Try the Royal Conservatory's Mathbeat Online Summer Camp for grade 5-7 students.

"Our students are in love with this program" - Calgary math teachers

Campers will create original songs using a music app that organically connects musical concepts to math concepts like fractions and percentages.

"I like how it made a connection to music and how math is important in music making" grade 6 Calgary student

The camp includes 10 two-hour online sessions.

No need to play an instrument - just enjoy music and have access to a Computer/tablet and Wifi.

Here's a short video to get your child excited about the musical possibilities: <https://youtu.be/ewlfdvecf7o>

Camp runs from Monday July 12th to Friday July 23rd, mornings or afternoons.

Thanks to our generous sponsors, **the camp is offered on a limited basis at no cost.** Parents just need to complete a post-camp survey.

Reserve a space by emailing robey.stothart@rcmusic.ca today.

Spaces are limited and will be assigned on a first come, first served basis.

Please include your child's name, grade level in 2020/21, province, and preference for mornings or afternoons





Help Wood Buffalo win \$100,000 and be crowned Canada's most active community!

You and your organization are invited to join ParticipACTION'S Community Better Challenge. You can help our community win by:

- Getting outside and being active in June
- **Downloading the ParticipACTION app** on your mobile device
- Entering your local postal code when registering
- Syncing your fitness tracker (Garmin, Fitbit, and Apple Watch) or fitness application (Google Fit or Apple Health) with the app when prompted
 - o You can also enter your activity manually
 - o Compete as an individual or organize a competition among family, friends, or co-workers (Maximum eight participants per team)

The challenge is open to everyone, and all minutes tracked on the app from June 1 to 30 count towards our community's total score. You can participate as a sports group, school, organization, workplace or as an individual. One community will earn the top prize of \$100,000 and title of being Canada's most active. In addition to the national winner, there will also be prizes for the most active community in each province and territory.

Looking for new and fun ways to get active? Check out the June is Recreation and Parks Month Activity Card and explore outdoor recreation spaces using the Parks Map at rmwb.ca/parks.



rmwb.ca/parks



REGIONAL MUNICIPALITY
OF WOOD BUFFALO



PowerSchool Parent Portal

A secure web-based student management system designed to strengthen communication between the school and home. It provides parents and legal guardians online access to their children's progress in school as well as their attendance. Parents are also able to pay fees as well as register for the upcoming school year directly from their parent portal account.

Parents who have not yet registered please watch for information with your child's report card.



Tips on how to navigate larger version)

Parent Portal: (click [HERE](#) to see



Go to fmpsdschools.ca/public/

Navigation

- Grades and Attendance
- Attendance History
- Email Notification
- Teacher Comments
- School Bulletin
- My Schedule
- School Information
- Account Preferences
- Returning Student Registration 2019-2020
- Student Fees

Attendance By Class

Exp	Last Week	This Week	Course	T1	T2	T3	Absences	Tardies
P1(1) P7(1)			Homeroom Grade 3	[1]	[1]	[1]	0	0
P2(1)			Art 3	[1]	[1]	[1]	0	0
P3(1)			English Language Arts 3	[1]	[1]	[1]	0	0
P4(1)			Health 3	[1]	[1]	[1]	0	0
P5(1)			Mathematics 3	[1]	[1]	[1]	0	0

Attendance
Common attendance code:
AB (absent)
LAT (late)
EXE (excused)
UNX (unexcused)

Assignments

Due Date	Category	Assignment	Score
10/20/2019	Oral Performance-Based	Increasing Number Patterns	5
	PSLBA.PLAPPL	Patterns: Application - The use of knowledge and skills for problem application, transfer and problem solving.	5
	PSLBA.PLCCOM	Patterns: Communication - The ability to develop and explain ideas and express what has been learned.	5

Indicators Used to Assess

Indicator	Description
CON	Consistently The student consistently applies and demonstrates the effort toward learning.
GEN	Generally The student generally applies and demonstrates effort toward learning.
R/A	Requires Attention The student needs to apply and demonstrate more effort toward learning.

Students are assessed on...

K	Knowledge
A	Application
C	Communication

Student Fees

Student 1
14480 Grade 1

Pay Using Cart

Check Fee Information

NOTE: Student Fees cannot be accessed through the PowerSchool App only online.

Fort McMurray Public Schools



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions for Children under 18:

1.	Has the child traveled outside Canada in the last 14 days?	YES	NO
<p>If the child answered "YES":</p> <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure. If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. <p>If the child answered "NO", proceed to question 2.</p>			
2.	Has the child had close contact with a case ¹ of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer or direct physical contact such as hugging	YES	NO
<p>If the child answered "YES":</p> <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure, except: <ul style="list-style-type: none"> Previously tested positive for COVID-19 in last 90 days before exposure: <ul style="list-style-type: none"> No quarantine required. Monitor for symptoms for 14 days. Fully immunized² against COVID-19: <ul style="list-style-type: none"> No quarantine required. Monitor for symptoms for 14 days. Partially immunized³ against COVID-19: <ul style="list-style-type: none"> Quarantine for 10 days. If tested on day 7 or later after exposure, quarantine ends after receiving a negative test result. <p>If the child answered "NO" or if they have symptoms, proceed to question 3.</p>			
3.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<p>If the child answered "YES" to any symptom in question 3:</p> <ul style="list-style-type: none"> The child is to isolate for 10 days from onset of symptoms OR receive a negative COVID-19 test and feel better before returning to activities Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. <p>If the child answered "NO" to all of the symptoms in question 3, proceed to question 4.</p>			



4.	Does the child have any new onset (or worsening) of the following other symptoms:	
	Chills Without fever, not related to being outside in cold weather	YES NO
	Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES NO
	Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES NO
	Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES NO
	Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome	YES NO
	Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication	YES NO
	Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury	YES NO
	Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines	YES NO
	Conjunctivitis (commonly known as pink eye)	YES NO

If the child answered "YES" to ONE symptom in question 4:

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered "YES" to TWO OR MORE symptoms in question 4:

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the child answered "NO" to all questions:

- Your child may attend school, childcare and/or other activities.

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

¹ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

² Fully-immunized = 14 days after receiving the second dose of a two-dose vaccine series OR 14 days after receiving one dose of a one-dose vaccine series.

³ Partially-immunized = 14 days after having received one dose of vaccine in a 2 dose vaccine series

NOTE: Individuals who are profoundly immunocompromised and fully immunized should follow quarantine protocol for partially-immunized individuals; those who are partially immunized should follow the protocol for those who have not been immunized. Profoundly immunocompromised persons should always consult with their primary care provider if exposed